



One question we regularly get asked is ‘how do I become a coach?’ In this document we outline the three steps to starting your journey in becoming a coach. We have only scratched the surface so be prepared to do more research yourself. This document will only help you to narrow down your search and will save you numerous hours on the internet.

Browse through the next few pages to start on your journey.



# Coaching Certification Ireland



Becoming an accredited coach in requires for three steps to be completed. The following document will outline the steps to be taken and the requirements of each step. This document is up to date at time of publishing and may not contain a comprehensive list of all providers. The information provided has been sourced from the websites of the coaching providers and the accreditation bodies.



## Step 1: Get Trained

The following is a table of known coaching training providers and their contact details. Please contact each provider with additional questions.

Company	Training Location	Phone	Email
Executive Coaching Solutions	Nationwide	1890788788	<a href="http://www.ecsl.eu">www.ecsl.eu</a>
The Irish Institute of NLP	Nationwide	+353 1 4902923	<a href="http://www.nlp.ie">www.nlp.ie</a>
Life and Executive Coaching Institute	Dublin	2899056	<a href="http://www.leci.ie">www.leci.ie</a>
The Positive Success Group	Dublin	+353 (0)1 895 6820	<a href="http://www.positivesuccessgroup.com">www.positivesuccessgroup.com</a>
	Cork	+353 (0)21 234 8535	
	Belfast	+44 (0)289 581 1140	
Personal Development Ltd.	Nationwide	18610700	<a href="http://www.professionaldevelopment.ie">www.professionaldevelopment.ie</a>
Maximise Life Coaching		9336400	<a href="http://www.maximisecoach.com">www.maximisecoach.com</a>
PCI College	Dublin	353(0)1 4642268	<a href="mailto:info@pcicollege.ie">info@pcicollege.ie</a>
NewUCoaching	Dublin	0044 (0)8456 43 43 71	<a href="http://www.newucoaching.co.uk">www.newucoaching.co.uk</a>
Mindstream	Nationwide	Email only	<a href="http://www.mindstream.ie">www.mindstream.ie</a>
Daralinn	Nationwide	05391 21929	<a href="http://www.daralinn.ie">www.daralinn.ie</a>
Coach Institute of Ireland	Nationwide	Email only	<a href="http://www.coachinstitute.ie">www.coachinstitute.ie</a>
Premier Training	Nationwide	7750162	<a href="http://www.premiertraining.ie">www.premiertraining.ie</a>
Coaching For Success	Terenure	087-6379765/045-865783	<a href="http://www.coachingforsuccess.ie">www.coachingforsuccess.ie</a>



## Step 2: Get Accredited

Name	Website	Reach	Purpose
European Mentoring and coaching Council	<a href="http://www.emccouncil.org">www.emccouncil.org</a>	European Recognition	We exist to promote good practice and the expectation of good practice in mentoring and coaching across Europe.
Association for Coaching Ireland	<a href="http://www.associationforcoaching.com">www.associationforcoaching.com</a>	Ireland and UK but expanding in 2010	The AC is an independent non profit organisation with the goal to promote best practice, raise awareness and standards across the Coaching industry, while providing value added benefits to its members – whether they are professional Coaches or Organisations involved in Coaching
Life and Business Coaching Association of Ireland	<a href="http://www.lbcai.ie">www.lbcai.ie</a>	Irish Based	The LBCAI is the Regulatory and Supervisory Body, in Ireland, that governs the profession of Life and Business Coaching. It exists to provide guidance, assistance, to protect standards and to promote the Profession of Coaching and its members.
International Coaching Federation	<a href="http://www.coachfederation.org">www.coachfederation.org</a>	International recognition	Formed in 1995, today the ICF is the leading global organization, with over 14,000 members, dedicated to advancing the coaching profession by setting high professional standards, providing independent certification, and building a network of credentialed coaches

There are 4 main coaching accreditation bodies practicing in Ireland. Each of these bodies have their own certification and accreditation level which is available from their websites.



## Step 3: Continuous learning and supervision

As with any profession, graduating and becoming a member of an organisation does not mean you are finished. There are four recognised formats for continuous learning currently available in Ireland.

### 1. Coaching Supervision:

- Coaching supervision is when a more experienced coach acts as a coach for an upcoming coach. There are trained coaching supervisors available from each of the coaching bodies who will provide this service.

### 2. Networking with other coaches:

- By building up a network of coaches you can learn from each others experiences and be made aware of methods and resources that can improve you skills. Networks such as [www.irishcoachingsolutions.ie](http://www.irishcoachingsolutions.ie) can provide these resources in easy to reach formats.

### 3. Additional learning.

- Always look for opportunities to increase your coaching skills. Take additional classes and attend seminars to improve your skills.

### 4. Practice:

- Find willing partners (friends or other coaches) who will let you practice your skills and give you honest feedback.



So that's it. It seems simple enough but it's not.

Remember as a coach you have a duty of care to your clients and you need to be well trained and capable of providing the service they require.

Coaching is about bringing about a change in someone that facilitates them achieving results they did not believe themselves capable of. When done right coaching is transformational for both the client and the coach. Make sure you do both your client and yourself a good service by being a good coach.